



# **Fast Facts for the Cardiac Surgery Nurse, Second Edition: Caring for Cardiac Surgery Patients in a Nutshell**

*Tanya Hodge MS RN CNS CCRN*

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This handy clinical guide provides speedy access to information and guidelines cardiac surgery nurses need to know and use daily. It covers all aspects of care from preoperative to recovery, with an emphasis on prevention and management of postoperative complications—an area where nurses can really make a difference and improve care. The second edition is completely revised and updated, with such highlights as new coverage of risk factors for stroke, thoracic aortic aneurysms, and congenital heart disease, and updates on new surgical techniques and devices. New illustrations help to clarify crucial information and tables are reorganized to emphasize commonly used medications.

The second edition retains all of the expedient features of the Fast Facts guides, including Fast Facts in a Nutshell boxes delineating especially important content, chapter introductions and objectives, short, easy-to-read chapters, and a convenient pocket size. The heart of the book focuses on post-op complications and nursing interventions to prevent and treat them. The book's five sections are comprised of the Preoperative Period, the Intraoperative Period, the Immediate Postoperative Period, the Extended Postoperative Period, and the Recovery Period, including discharge and long-term rehabilitation. Each section includes nursing considerations and patient education topics. Nurse-sensitive indicators and strategies for improving nursing care are featured throughout. The resource will be highly valuable to new graduates and nurses who are considering a switch to cardiac care, and will reinforce the knowledge of seasoned practitioners.

### **New to the Second Edition:**

- Updates including new surgical techniques and devices
- Additional graphics to increase reader comprehension
- Modifications to tables for ease of access to information
- New sections on thoracic aortic aneurysms and congenital heart disease
- New chapter on stroke with a focus on postoperative treatment options

### **Key Features:**

- Delivers a handy pocket reference for new and experienced cardiac care nurses
- Organized for easy access to equipment, procedures, and pre- and post-op specialty care
- Includes Fast Facts in a Nutshell delivery of timely content
- Formatted in short paragraphs packed with timely and accessible information

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#### **Martina Joseph:**

Spent a free time to be fun activity to try and do! A lot of people spent their sparetime with their family, or their friends. Usually they undertaking activity like watching television, planning to beach, or picnic in the park. They actually doing ditto every week. Do you feel it? Do you wish to something different to fill your own free time/ holiday? Could possibly be reading a book can be option to fill your no cost time/ holiday. The first thing you will ask may be what kinds of reserve that you should read. If you want to try out look for book, may be the publication untitled Fast Facts for the Cardiac Surgery Nurse, Second Edition: Caring for Cardiac Surgery Patients in a Nutshell can be great book to read. May be it is usually best activity to you.

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