



# Diabetes Log: Includes Bonus Blood Pressure Chart

*Frances P Robinson*

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## **Diabetes Log: Includes Bonus Blood Pressure Chart** Frances P Robinson

The Diabetes Log contains enough space to monitor your blood sugar up to 4 times a day (before and after meals and bedtime) for one full year. Keep all of your results in one place. Take and show to the doctor. (No more worries about forgetting the details.) (BONUS SECTION!) BLOOD PRESSURE CHART A bonus section in the back of the book allows for you to record your blood pressure readings. Enter the date, time, high and low reading and any comments. The Diabetes Log is a great way to keep record of two of your most vital signs, blood sugar and blood pressure. This large 8.5" x 11" book has plenty room to write plus its easy to read!

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Playing with family in a park, coming to see the sea world or hanging out with friends is thing that usually you could have done when you have spare time, subsequently why you don't try factor that really opposite from that. Just one activity that make you not sensation tired but still relaxing, trilling like on roller coaster you are ride on and with addition details. Even you love Diabetes Log: Includes Bonus Blood Pressure Chart, it is possible to enjoy both. It is excellent combination right, you still want to miss it? What kind of hang type is it? Oh can happen its mind hangout fellas. What? Still don't get it, oh come on its named reading friends.

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