



Strength to Strength: Meditations for Spiritual Direction

Rob Des Cotes

Download now

[Click here](#) if your download doesn't start automatically

Strength to Strength: Meditations for Spiritual Direction

Rob Des Cotes

Strength to Strength: Meditations for Spiritual Direction Rob Des Cotes

Those whose strength is in you,...

go from strength to strength,

till each appears before God in Zion.

– Psalm 84:5, 7

Too many Christians are more resigned than need be to a stumbling approach to spiritual growth. We presume that progress towards maturity happens by a “two steps forward, one step back” process. But the Biblical model doesn’t quite support this view. Instead Scripture speaks of “unveiled faces” that are being transformed “from glory to glory.” It imagines us as trees planted close to a stream, whose “branches never wither.” And it speaks of those whose hearts are “set on pilgrimage” who then go “from strength to strength until each appears before God in Zion.”

The meditations in this book encourage such proximity to Jesus and the cultivation of a steadfast prayer life that alone can “establish” us in Christ.

They assure us that simply remaining in His love will not only produce vitality in the spiritual life, but also sustain it for the whole journey.

In the tradition of Christian contemplatives and mystics from the early

centuries to the present, Rob Des Cotes brings fresh insights to many familiar biblical passages, applying them to prayer and to the transforming work of spiritual direction. The numerous images and creative metaphors of the spiritual journey found in these concise and thought-provoking meditations are both contemporary while deeply rooted in the classics of Catholic, Orthodox and Reformation contemplative traditions.

ROB DES COTES is a spiritual director, retreat leader and pastor of Imago Dei, a network of faith communities that encourages the practice of prayer and a transforming relationship with God. He is the author of four other books of meditations for spiritual direction, "Fan the Flame," "Higher Than I," "Ultreia! (Go Higher)" and "Strength to Strength"

 [Download Strength to Strength: Meditations for Spiritual Di ...pdf](#)

 [Read Online Strength to Strength: Meditations for Spiritual ...pdf](#)

Download and Read Free Online Strength to Strength: Meditations for Spiritual Direction Rob Des Cotes

From reader reviews:

Maria Blanco:

People live in this new day of lifestyle always try and must have the time or they will get lot of stress from both daily life and work. So , once we ask do people have free time, we will say absolutely yes. People is human not only a robot. Then we ask again, what kind of activity are there when the spare time coming to you of course your answer will unlimited right. Then do you try this one, reading books. It can be your alternative throughout spending your spare time, the particular book you have read will be Strength to Strength: Meditations for Spiritual Direction.

Wiley Wagner:

The book untitled Strength to Strength: Meditations for Spiritual Direction contain a lot of information on it. The writer explains your ex idea with easy technique. The language is very easy to understand all the people, so do definitely not worry, you can easy to read that. The book was authored by famous author. The author will bring you in the new time of literary works. It is easy to read this book because you can keep reading your smart phone, or gadget, so you can read the book throughout anywhere and anytime. If you want to buy the e-book, you can available their official web-site and order it. Have a nice learn.

Monica Bonner:

In this period of time globalization it is important to someone to find information. The information will make professionals understand the condition of the world. The health of the world makes the information easier to share. You can find a lot of referrals to get information example: internet, paper, book, and soon. You will see that now, a lot of publisher that print many kinds of book. Typically the book that recommended for you is Strength to Strength: Meditations for Spiritual Direction this publication consist a lot of the information of the condition of this world now. That book was represented how do the world has grown up. The terminology styles that writer use to explain it is easy to understand. The actual writer made some exploration when he makes this book. This is why this book acceptable all of you.

Stephanie Hopkins:

Is it anyone who having spare time after that spend it whole day through watching television programs or just lying on the bed? Do you need something new? This Strength to Strength: Meditations for Spiritual Direction can be the respond to, oh how comes? A book you know. You are therefore out of date, spending your free time by reading in this brand new era is common not a nerd activity. So what these books have than the others?

**Download and Read Online Strength to Strength: Meditations for
Spiritual Direction Rob Des Cotes #0QS4NMZUK8H**

Read Strength to Strength: Meditations for Spiritual Direction by Rob Des Cotes for online ebook

Strength to Strength: Meditations for Spiritual Direction by Rob Des Cotes Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Strength to Strength: Meditations for Spiritual Direction by Rob Des Cotes books to read online.

Online Strength to Strength: Meditations for Spiritual Direction by Rob Des Cotes ebook PDF download

Strength to Strength: Meditations for Spiritual Direction by Rob Des Cotes Doc

Strength to Strength: Meditations for Spiritual Direction by Rob Des Cotes Mobipocket

Strength to Strength: Meditations for Spiritual Direction by Rob Des Cotes EPub