



Ethics & Excellence for Mental Health Counselors: Navigate the Road of Ethical Requirements

Samara C. Kezele Fritchman

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This book will help you sort out facts from fiction, ethical issues from legal issues, and their application in practice. You will gain an understanding and an appreciation for the purpose and practice of ethical standards. The core realities of value-based and value-laden approaches to mental healthcare pivot on ethics and ethical competencies. Competence, within the field of psychology, is as important as any other standard and possibly more important, because the knowledge available to all practicing counselors is constantly growing and changing, making competency a lifelong goal that is never quite satisfied. There are many need-to-know competencies that guide interpersonal counseling interactions. Further, attention to culture and diversity have been articulated into ethical standards. Understanding culture is critical for counselors. Why is this? Because every counselor's individual cultural orientation, and every client's individual cultural orientation, are both present in every counseling interaction. Personal values, principles, and standards of counselors define their practices. Their therapeutic approaches, clinical orientations, and philosophies must remain within appropriate ethical boundaries. CONTENT The Ethical Practitioner, Key Ethical Issues, History and Relevance, Ethical Codes and Laws, Moral Principles, Standard of Care, Boundary Crossing, Boundary Violations, Cultural Competence, Informed Consent, Confidentiality Exceptions, Confidential Expectations, Technology and Ethics, Therapeutic Interventions, Professional Boundaries, Records / Minors, Questionable Therapy, Unethical Counseling, Cultural Competence, Social Diversity, Transfer Plans, Suicide / Homicide Risks, Counseling Relationships, And many more...

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