



Cooking up Fun for Kids with Diabetes

Patti B. Geil, Tami A. Ross

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Here are simple, fun, healthy recipes and activities for kids with diabetes that they can make themselves or with their parents.

Recipes and projects help kids understand the importance of food to their health. Includes:

- Recipes that teach children about the link between diabetes and nutrition
- Hints for parents on managing their children's nutrition
- Creative projects to enrich children's connection to food



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