



Walking on the Wind: Cherokee Teachings for Harmony and Balance

Michael Tlanusta Garrett

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In the spirit of the highly acclaimed *Medicine of the Cherokee*, coauthored with his father J. T. Garrett, Michael Garrett shares with us the delightful, all-ages stories passed down from his great-grandfather and other medicine teachers. Blending his background as an Eastern Cherokee with his skills as a counselor, Michael reveals through these tales how to make sense of our experiences in life, see beauty in them, and be at peace with our choices.

"Michael's blend of traditional Cherokee ways with that of science and psychology illustrates that both Native and non-Native peoples can learn to thrive together...for the betterment of all" --*Native Peoples* magazine

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Walking on the Wind: Cherokee Teachings for Harmony and Balance can be one of your beginning books that are good idea. All of us recommend that straight away because this publication has good vocabulary that will increase your knowledge in vocabulary, easy to understand, bit entertaining but delivering the information. The article author giving his/her effort that will put every word into delight arrangement in writing Walking on the Wind: Cherokee Teachings for Harmony and Balance however doesn't forget the main stage, giving the reader the hottest and based confirm resource data that maybe you can be considered one of it. This great information may drawn you into brand new stage of crucial imagining.

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