



One Thing At a Time: 100 Simple Ways to Live Clutter-Free Every Day

Cindy Glovinsky

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Simple, effective ways to put things in their place

Those piles of papers, clothes, and other things you thought you'd successfully de-cluttered have returned, and this time they brought friends. What's the use of trying to fight the clutter? Is there a better way?

This powerful and useful guide delivers solutions that work, no matter how overwhelmed you feel. The answer isn't an elaborate new system, or a solemn vow to start tomorrow. Instead, psychotherapist and organizer Cindy Glovinsky shares 100 simple strategies for tackling the problem the way it grows--one thing at a time. Here's a sampling of the tips explained in the book:

- *Declare a fix-it day
- *Purge deep storage areas first
- *Label it so you can read it
- *Get a great letter opener
- *Practice toy population planning
- *Leave it neater than you found it

Written in short takes and with a supportive tone, this is an essential, refreshing book that helps turn a hopeless struggle into a manageable part of life, one thing at a time.

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Spent a free time and energy to be fun activity to try and do! A lot of people spent their down time with their family, or their own friends. Usually they carrying out activity like watching television, going to beach, or picnic in the park. They actually doing ditto every week. Do you feel it? Do you wish to something different to fill your own personal free time/ holiday? Might be reading a book may be option to fill your totally free time/ holiday. The first thing that you'll ask may be what kinds of e-book that you should read. If you want to consider look for book, may be the guide untitled One Thing At a Time: 100 Simple Ways to Live Clutter-Free Every Day can be very good book to read. May be it can be best activity to you.

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