



Winning Autocross Techniques (Speed Secrets)

Ross Bentley, Per Schroeder

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With its solo set-up, more subdued speeds, and endlessly varying events and courses, autocross is the easiest, safest, and least expensive way to get into motorsports. Anyone with a helmet and a car can do it. Of course, it doesn't hurt to have some driving skills, which is where this book comes in. As a veteran racer and professional driving coach, Ross Bentley knows what it takes to compete and to win, and he gives readers the benefit of that knowledge in *Speed Secrets 7: Autocross Driving Fundamentals*.

The first in the *Speed Secrets* series to address a specific form of racing, this volume focuses on the skills critical to autocross success: car handling and driver skill at high speeds on unique courses. Though slower than other motorsports in absolute terms, autocross, with its high number of turns per minute, can challenge even the most expert driver. Adapting his time-proven method of teaching drivers how to go fast, Bentley clearly details the steps and techniques that help autocross drivers maintain control and dominate a course at speed. Though specific to autocross, and essential to mastering its particular challenges, his advice and instruction in this book will prove invaluable to drivers who go on to road racing as well.

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