



# The Adderall Empire: A Life With ADHD and the Millennials' Drug of Choice

Andrew K. Smith

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### The Adderall Empire: A Life With ADHD and the Millennials' **Drug of Choice**

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The Adderall Empire: A Life With ADHD and the Millennials' Drug of Choice Andrew K. Smith Is there life after Adderall? Andrew K. Smith's hooligan pranks and social impulsiveness paints a picture of Attention Deficit Hyperactivity Disorder (ADHD) before medication, and it would seem that the little orange pills could cure his mischief. But readers will furrow their brows as they enter The Adderall Empire, traveling with the author through the chemically conflicting mind states. Is working-memory training a feasible alternative? Readers will be begging for the answer.



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