



# I'm Off Then: Losing and Finding Myself on the Camino de Santiago

*Hape Kerkeling*

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***I'm Off Then* has sold more than three million copies in Germany and has been translated into eleven languages. The number of pilgrims along the Camino has increased by 20 percent since the book was published. Hape Kerkeling's spiritual journey has struck a chord.**

Overweight, overworked, and disenchanted, Kerkeling was an unlikely candidate to make the arduous pilgrimage across the Pyrenees to the Spanish shrine of St. James, a 1,200-year-old journey undertaken by nearly 100,000 people every year. But he decided to get off the couch and do it anyway. Lonely and searching for meaning along the way, he began the journal that turned into this utterly frank, engaging book. Filled with unforgettable characters, historic landscapes, and Kerkeling's self-deprecating humor, *I'm Off Then* is an inspiring travelogue, a publishing phenomenon, and a spiritual journey unlike any other.

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