



# Her Beautiful Brain: A Memoir

*Ann Hedreen*

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## **Her Beautiful Brain: A Memoir** Ann Hedreen

“As a daughter who nursed her own mother through the ravages of Alzheimer’s, I was deeply moved by Ann Hedreen’s heartfelt tribute to her mother’s courage and suffering, and her searingly honest reflections on the confusion wrought by this disease.”

—Ruth Ozeki, author of *A Tale for the Time Being*

“A moving elegy to a loved one and to the power of love.”

—Ron Reagan, author of *My Father at 100*

“An exceptionally beautiful book about a mother who lives and dies with Alzheimer’s. Through exquisite writing, *Her Beautiful Brain* describes not only a mother and a daughter, but a world.”

—Michael Klein, author of *The End of Being Known*

“In lucid prose, Ann Hedreen scavenges her family’s history, looking for clues about her mother and herself. Her writing is deeply loving, sharply unsentimental, and a joy to read.”

—Claire Dederer, author of *Poser: My Life in 23 Yoga Poses*

“In *Her Beautiful Brain*, Ann Hedreen writes movingly of a vibrant, engaged, life-affirming, highly intelligent woman who overcame many obstacles in life only to succumb to early-onset Alzheimer’s. A beautifully written, evocative memoir.”

—Victoria Nelson, author of *Gothicka*

“Ann Hedreen has done an elegant job of capturing the past, present, and future of a complicated journey. If you are in the midst of caregiving for a loved one with dementia, you’ll find comfort in Hedreen’s reflections on her mother’s Alzheimer’s and her family’s response to it.”

—Keri K. Pollock, Alzheimer’s Association

“*Her Beautiful Brain* is a daring and ambitious memoir that bestows unexpected rewards on the reader.”

—David Takami, *Seattle Times*

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